

Phase I – Intensive Residential Treatment

Bring enough clothing and personal items for seven days. Rooms have limited dresser and closet space. Comfortable clothing is recommended as you will be sitting in class most of the day.

An exercise room is available, so workout clothing may be included.

The dress code specifies no shorts, sleeveless shirts, hats, or open-toed shoes during group or in the dining room.

Free laundry facilities are provided, in addition to all bedding and towels.

Personal items include toiletries such as soap, shampoo, razors, books, and photos. No alcohol-based products are allowed.

Some toiletries may need to be stored in the office such as perfume and over-the-counter medication.

All prescription medication is stored in the office and is administered by house management.

All client snacks are stored in the client pantry and refrigerator. No food or beverages allowed in client bedrooms.

No electronics are allowed during Phase I such as I-Pods, cell phones, or laptops.

Clients in Phase I are not allowed to have cars.

Bikes must be locked and stored outdoors. If residing at the Phoenix Concept bikes may be stored in the basement. Locks are not provided.